



Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Aftercare sheet

**Please take the time to read this sheet after having microsuction - Written below is the consent you signed and agreed to:**

- ☐ Failure to remove all wax in cases where was too firm and uncomfortable to remove, place olive oil or waxsol drops in ears and return in one week- return fee of \$55 is charged.
- ☐ Outer ear infection – removing wax may expose an underlying infection in the canal. If you ears feel sore or blocked within a week, please contact us for advice and recommendations or see your GP.

### **SUSPECTED INFECTION**

- ☐ Your ears may block up in 1 – 7 days if you have this type of infection. Having microsuction will remove the fungal debris, however it will not remove the infection. Visit your GP and request medicated ear drops to clear this.
- ☐ Keep your water out of your ears for **one to two** weeks. Place a thumb-sized piece of blu-tack, or an ear plug over your ear canal to prevent water from travelling into the ear during showering or swimming.

### ☐ **SORE EAR**

This is extremely rare, however, if you are experiencing mild pain, this may be due to removal of large amounts of wax in conjunction with extremely sensitive ears. This will only last a few days and can be resolved with Panadol. If you are experiencing moderate – severe pain, this could be an underlying infection. Please contact our clinic for advice and recommendations. or visit your GP.

### ☐ **SINUS – BLOCKED EAR**

If you have had blocked ears for weeks/months, it may take your ears a few days to release the pressure that the wax created, therefore they may feel blocked for a few days even after suction as the air-pressure inside your ear is imbalanced. You may have the same effect from flying on an airplane with an excessive amount of wax or a head cold. If there is a prolonged blockage for more than a few days, please contact us for advice, alternatively you could speak to your local Chemist or GP.

### **Nurse's recommendations and things to remember:**

Keep ears dry for 2 days after suction.

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Tracey Reid – Ear Nurse Specialist (RN)

Phone: 1800 327 253

Email: [admin@earcleaningclinic.com.au](mailto:admin@earcleaningclinic.com.au)